

1. A method for creating an appearance of continuous movement with a plurality of picture frames using two or more pictures, said method comprising:
 - a) selecting at least two image pictures which are visually similar, a first image picture and a second image picture;
 - b) selecting a bridging picture which is dissimilar to said image picture;
 - c) arranging said pictures in a sequential order to create a first series of pictures, said sequential order being one or more first image pictures, one or more second image pictures, and one or more bridging pictures;
 - d) placing said first series of pictures on a plurality of picture frames wherein each picture of said first series is placed on a single frame; and
 - e) repeating the first series of pictures a plurality of times to create a continuous plurality of picture frames having said first series thereon, such that when said plurality of picture frames are viewed an appearance of continuous movement is perceived by a viewer.
2. The method of claim 1 wherein said bridging picture is a solid black picture.
3. The method of claim 1 wherein step (c) comprises:
 - c1) blending said first image picture with said bridging picture to obtain one or more blended first-bridging picture;

- c2) blending said first image picture with said second image picture to obtain one or more blended first-second picture;
 - c3) blending said second image picture with said bridging picture to obtain one or more blended second-bridging picture; and
 - c4) arranging said pictures in a sequential order of one or more of said blended first-bridging picture, one or more first image picture, one or more of said blended first-second picture, one or more of said second image picture, one or more of said blended second-bridging picture, one or more of said bridging picture to create a first series of pictures.
- 4. The method of claim 3 wherein said blending is accomplished with a computer.
 - 5. The method of claim 4 wherein said blending is selected from the computer effects group consisting of additive dissolving, cross-dissolving, dissolving-fast fix, and dither dissolving.
 - 6. The method of claim 3 wherein said blending is accomplished with an optical printer.
 - 7. The method of claim 3 wherein said blending is accomplished with a rear screen projection device.
 - 8. The method of claim 3 wherein said blending of said first and second picture comprises off-setting said first picture from said second picture by a small amount.

9. The method of claim 1 wherein said sequential order of said series is two first image pictures, two second image pictures and two bridging pictures.
10. The method of electronic switching of Pulfrich light-filtering before right or left, eye, synchronized with screen action.

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